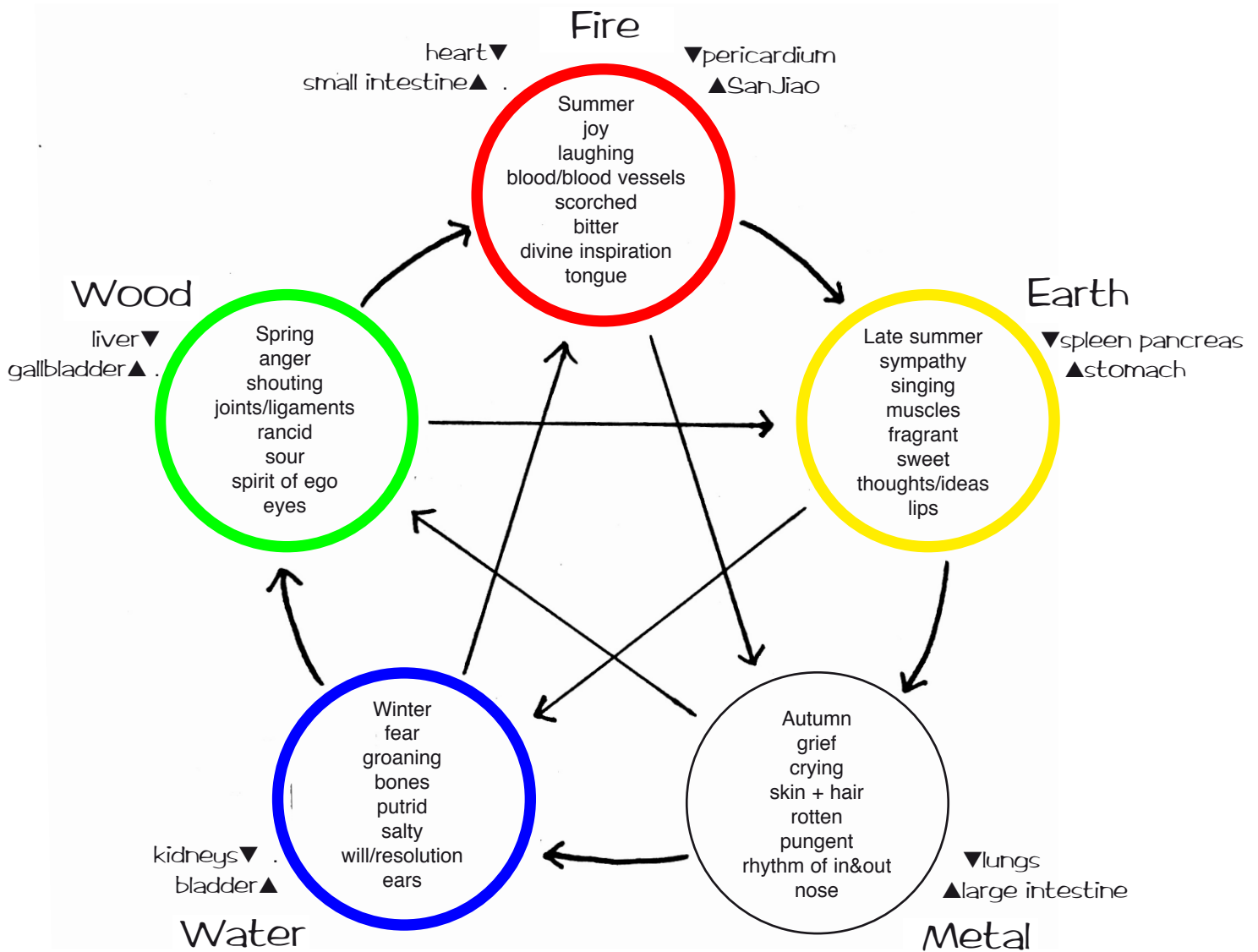


Five Element Associations



The cycle of energy through the seasons:

1. In winter, the sap & energy lies dormant deep in the roots - waiting, renewal.
2. In spring, the sap & energy rises - creative growth.
3. In summer the energy reaches out wide - connection to others.
4. In late summer the fruit ripens - transformation.
5. In autumn fruit and leaves drop, the sap recedes below ground, the ephemeral dies, the essential remains for cyclical return.